

Menlo Dermatology Medical Group & Laser Center, Inc.

Thomas E. Hoffman, M.D. Honor Fullerton Stone, M.D. Jodie L. Bogomilsky, M.D.

888 Oak Grove Avenue, Suite 8 Menlo Park, CA 94025

Telephone (650) 325-1511 Facsimile (650) 325-6174

Business Office (650) 617-1072 E-Mail: mdmg@mdmg.com

PRE-SURGICAL INSTRUCTIONS

Carefully read over the following instructions and contact the office if you have any questions.

1. Please do not take any aspirin or aspirin containing medications (if okay with your primary care physician) for five days prior to your surgery. If you are taking any medications containing ibuprofen, naproxyn sodium, or ketoprofen, please inform the nurse.
2. Please only take Tylenol (acetaminophen) if needed for pain for the 48 hours preceding and following your surgery.
3. Please eat a good breakfast or lunch prior to your surgery, but be sure not to have any alcohol containing beverages for 48 hours prior to your surgery.
4. As you must wait 24 hours before bathing following your surgery, please plan accordingly.
5. Please do not plan any strenuous activity for the first 48 hours following your surgery, and no vigorous muscle activity for two weeks following surgery on the back, arms, or legs.
6. If you must postpone your surgery, please give us 48 hours notice.

Have we answered all of your questions regarding the procedure? Do you know what to expect during recovery or what the final result should be? We will do our best to bill Medicare and any insurance plans with which we are contracted. Costs that are not covered by insurance will be your responsibility.