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Pre-treatment Guidelines for Dermal Fillers

It is very important to avoid aspirin, Advil, Motrin, Aleve or any other similar non-steroidal pain or arthritis medication as well as vitamin E or fish oil (omega-3) supplements for 7 days prior to your appointment. These products increase your risk of bruising. Tylenol doesn't cause bruising and is safe to take.

There is always a small chance of temporary bruising, swelling or redness which will usually resolve over several days to one week. Please schedule accordingly.

The manufacturer recommends no alcohol or exercise the evening after the procedure.